

# **ROOK PACKING LIST 2025**

All Rooks will need to bring health insurance information and proof of identification, such as social security card (signed) or birth certificate. Please reference the proof of identification section for further details. Rooks will also need to know their FAFSA pin (as applicable), Norwich University email address and computer account name and password.

Rook	x Arrival Day Attire				
	Rooks must arrive on Rook Arrival Day wearing the following attire:				
	Tan chino-style khaki pants:	Khaki Pants Example			
	Conservative black belt with plain buckle:	Belt Example			
	Short-sleeved plain white collared dress shirt:	Shirt Example			
	<ul> <li>Not a polo shirt</li> <li>No patterns</li> </ul>	_			
	<u> </u>	preast pocket or not			
	Collar may be button down or non-button down	reast pocket of not			
П	☐ White crew-neck short sleeve t-shirt (no V-neck or pockets)				
	☐ Running shoes				
	Should be predominately white or black				
	<ul> <li>Prior to Rook Arrival Day try to break in your run</li> </ul>	aing shoos in following the			
	manufacturers recommendations	ing shoes in following the			
	White crew length athletic socks				
	white erew length atmetic socks				
Note:					
1.	Rooks authorized to arrive earlier then Rook Arrival Day	may arrive in conservative			
	civilian attire. On Rook Arrival Day the early arrivals will	be required to wear the Rook			
	Arrival Day attire.				
2.	Items with an asterisk* below are available for purchase a				
	However, they are generic items and can be purchased els				
	some on hand for emergency restock, but not to supply the				
	recommend purchasing these supplies from local retailers.				
Clot	hina				
Clot					
Manda	·	1			
Ц	2 Pairs of Army regulation coyote colored lace up combat  ☐ 1 Pair of summer boots*	` 11 /			
		Boots Example			
		Dance Chan Example			
Ш	1 Pair of black military style dress shoes	<u>Dress Shoe Example</u>			
	Dress shoe may be full leather Oxford type or pate  - Carfornes*	• •			
	commonly referred to as no-shine or Corfams*	Corfams Example			
	1 Pair of Danner Tachyon black Gore-Tex boots,	Boots Example			
	waterproof* or similar style boot, no zippers				



Note: Prior to Rook Arrival Day try to break in your combat boots and dress shoes following the manufacturers recommendations.

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	10 White crew-neck short sleeve t-shirts* (no V-neck or pockets)			
	10 Pair black crew length dress socks*			
	5 Pair military boot socks*			
	<ul> <li>The color of the socks must be solid tan, coyote, green, or black</li> </ul>			
	<ul> <li>Rooks will be issued an additional 5 pairs of boot socks upon arrival.</li> </ul>			
	Wristwatch*			
	• Neutral or military tone color, such as black, white, green, coyote, brown, tan, or skin tone. Smart watches permitted.			
	• Recommended miliary time feature and one that is water resistant or waterproof			
	Prescription eyeglasses (as applicable) or contact lenses and solutions			
Male l	Rook Specific:			
	3 neutral tone* sports briefs or compression shorts			
	10 pairs of neutral tone boxer or briefs underwear *Neutral Tone is considered:			
	white, beige, black, brown,			
	e Rook Specific: or skin tone			
	10 neutral tone* bras			
	□ 3 neutral tone sports bras.			
	□ 7 remaining bras may be neutral tone regular bras or neutral tone sports bras			
	1			
	1 5			
	Barrettes and hair elastics that match hair color, or black; no scrunchies			
	Sock or mesh bun that match hair color or black			
	Bobby pins if the hair length is below collar length			
	Hair spray or gel			
Note: lattire.	Pajamas / personal sleepwear is not permitted. All rooks will sleep in clean physical fitnes			
Additi	onal clothing items that are recommended, but not required:			
	Additional pair of athletic shoes			
	• In case your running shoes get wet, or if you prefer a different shoe for working out in the gym or while playing certain sports (such as basketball).			
	Thermal underwear neutral tones of color*			
	Traction cleats for snow*			
	• Helpful during field training in the winter months, popular brand is Yaktrax.			



### **Business Attire**

- Rooks who intend to play varsity athletics are required to wear business attire for away competitions.
- Some professors require business attire for presentations or class trips. Rooks should find out during the first week of classes whether this will be a requirement for class.
- Male business attire includes- business suit or sport coat with dress shirt and tie, dress pants, leather belt, dress shoes.
- Female business attire includes- business suit (pant or skirt) with hosiery and closed toe shoes with or without a heel; or tailored separates such as skirts, slacks, blouses, and sweaters, with hosiery and closed toe shoes with heel or without heel.

**National Guard or Reserves -** Rooks serving in the National Guard or Reserves may bring issued uniforms and equipment necessary for drill weekends.

## **Laundry and Linen**

Cadets must do their own laundry in their barracks. Norwich offers a linen service, or you can bring and wash your own. The Uniform store does sell laundry detergent, stain spray, irons, ironing boards, and spray starch. We recommend incoming students practice doing laundry and ironing before arriving, as their uniforms must be crisp and clean at all times.

f rooks choose to supply their own linens, in lieu of linen service, bring
☐ Standard size pillow
☐ 2 White standard size pillowcases
☐ 4 White twin size standard flat sheets (no fitted sheets)
☐ 6 White bath size towels

**The Uniform Store** offers linen packets for purchase in advance that meet the NUCC standards. Packets can be picked up on Rook Arrival Day.

Full Set: \$70 (4 flat sheets, 2 pillowcases, 6 towels, 1 pillow)

**Link to Order Form** 

Laundry Service available for weekly washing of linen sets/towels:

**Bed and Bath Linen Service Link** 

Dry Cleaning Punch Card offered for weekly cleaning of uniforms:

**Dry Cleaning Service Link** 

## Computers, Cell Phones, and Tablets

Please review Information Technology Services on our <u>ITS Website</u>.

☐ Computer required (laptop or desktop with a monitor size 32 inches or less) Additional electronics:

☐ Cell phone (recommended) Note: Use is very restricted during the first s	semester.
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☐ Tablet, iPad, or similar (optional)



	Printer (optional) Note: Printers with paper are available in the barracks, academic buildings, Kreitzberg Library, and Wise Campus Center for use by all students.					
		or flash drive (recommended)	J	,		
	Surge	protector (recommended)				
Sı	upplie	S				
		ack or Computer Bag* (color black,	conservative s	tyle)		
	•	Cadet Uniform Store sells Rothco 7	Transport Pack	(large size)		
	•	NU branded backpacks and bags av				
☐ Prescription medicines as annotated on required medical form required					nrollment	
Ц	Shoe F	olishing kit*	1 11	1 1 1	1	
	• Toilet:	Kit should include black shoe polisity items (a limited selection is availa			ısn.	
		nd shampoo	ole at the Only	cisity bookstore).		
	Deodo	<u> </u>				
	Tooth	orush and paste*				
	Nail cl	* *				
		g razor (may be electric) and cream'				
		ine hygiene products (as applicable)	*			
		thing hangers*	actica (vyskita am 1	-10 o1r)		
	<ul> <li>Wooden (natural wood color) or plastic (white or black)</li> <li>Flat iron* and ironing board* (floor model recommended)</li> </ul>					
	Spray	• • • • • • • • • • • • • • • • • • • •	recommended	,		
		and dustpan				
	All-pu	rpose cleaner such as Lysol, Windex,	409, Fabuloso	, wet wipes		
		ng rags (old towels or old t-shirts are	e fine)			
_	Sewing					
		clock (no clock radios)				
		Padlock* School supplies (a limited selection is available at the University Bookstore):				
		Paper / Notepad		. •.	•	
		Pens (black ink) / Pencils				
		5 Black dry-erase markers		1 <b>=</b> 5111000 process	rs, clear	
		(fine point)	_	(8x12 inch)		
		Permanent black marker		$\mathcal{C}^{-1}$	l* (3/4 inch	
		(fine point)		wide)		
Items	recomm	ended, but not required:				
		ox for desk drawer - Not larger than:	9"D x 12"W x	5"H (The desk do	es not lock)	
		ator (For select majors consult with				
	depart	ment)				



<ul><li>☐ Stapler and staples</li><li>☐ Ruler</li></ul>	☐ Index cards			
☐ Toiletry bag or small carryall	☐ Lotion			
☐ Facial tissues	$\square$ Lip balm ( <i>Chapstick</i> )			
☐ Washcloths	☐ Foot powder or body powder			
☐ Desk lamp	☐ Boot cleaning kit*			
☐ Personal desk fan	C			
☐ Multipurpose tool (Knife blade, not to exceed 3 inches. Popular brands are <i>Gerber</i> and <i>Leatherman</i> )				
Musical Instruments  Pooks may bring a musical instrument with the	ne consideration of joining our Regimental Band,			
Concert Band, Grenadiers Jazz Band, and our				
<b>Proof of Identification</b> All Rooks will receive a Norwich student pho A second form of photo ID is recommended.	oto ID during Rook Arrival Day in processing.			
card (must be signed) or proof of citizenship	d certificate of birth and original social security, as applicable. Copies of the original documents boks prior to arrival if more information is needed.			
For questions, contact appropriate ROTC offi	ce:			
Army ROTC Air Force and Space Force ROTC Navy and Marine Corps ROTC	(802) 485-2480 / armyrotc@norwich.edu (802) 485-2460 / afrotc@norwich.edu (802) 485-2185 / mansfiet@norwich.edu cbryanbr@norwich.edu			
For employment at Norwich University, as a two forms of ID:	work study or non-work study, Rooks must have			
☐ ID form one may be:	☐ ID form two may be:			
<ul> <li>NU student ID</li> </ul>	<ul> <li>Social Security Card (Signed)</li> </ul>			
<ul> <li>Driver's License</li> </ul>	• Certificate of Birth			
USA Passport or Passport Care				

For questions related to Norwich employment or work study contact:

**Human Resources Office** 

(802) 485-2075 / nuhr@norwich.edu

Rooks interested in traveling abroad with their athletic team, for service learning, or ROTC military training opportunities will need a passport (unless the travel is to Canada, in which case an enhanced driver's license is acceptable). Rooks are not authorized to study abroad during their first year.



## The following items are prohibited for Rooks:

Alcoholic beverages

Animals (live, service, or stuffed)

Bedspreads / blankets / colored or fitted sheets

Bicycles, skateboards, etc.

Candles / incense

Civilian clothing (except what is required) Computer games or gaming consoles Computer monitors larger than 32 in.

Desk plotters

Electrical devices (except power strip) Firearms of any sort and ammunition

Fish, turtles, aquatic animals, etc.

Food, candy, gum, etc.\*

Illegal drugs / steroids

Knives with blade over 3 inches Pajamas / personal sleepwear

Plants

Posters or framed pictures

Rugs or doormats Shelves / crates

Stereos, CD players, iPods, GoPro

Television or radio

Tobacco products (e-cig, vapes, JUULs, etc.)

Wastebaskets (one will be issued)

### **Contact Information**

#### Office of the Commandant

Monday – Friday 0800-1630 (802) 485-2135 commandant@norwich.edu

#### **Cadet Card Office**

Monday – Friday 0800-1600 cadetcard@norwich.edu

### **University Bookstore**

Monday – Friday 0800-1600 (802) 485-2200 0573mgr@fheg.follett.com

www.bkstr.com/norwichustore/home

#### **Cadet Uniform Store**

Monday – Friday

0730-1600 (Summertime 1000-1400)

(802) 485-2017

uniformstore@norwich.edu

www.norwich.edu/offices/cadet-uniform-store

### **Computer Services Helpdesk**

Monday – Friday 0800-1630 (802) 485-2456 helpdesk@norwich.edu

#### **NU Health Services**

Monday – Friday 0800-1630 (802) 485-2552

healthservices@norwich.edu

## **Bus, Train, and Airport Transportation**

Norwich does not provide free transportation to or from public transportation, this includes the airport, bus, and train stations. There is no shuttle service to Boston, MA or Manchester, NH Airports. Uber service is not available in Northfield. Shuttle service to and from Norwich for public transportation is available for a fee via https://www.norwich.edu/campus-resources/campus-map-directions-trip-planning

- Dartmouth Coach provides transportation from Hanover, NH to Boston's Logan Airport and New York City
- Montpelier VT Greyhound provides bus transportation from Montpelier, VT to Hanover, NH
- Taxi: Rides at Your Service, Montpelier, VT, (207) 337-3095 Call or text. Will pick up in Northfield, VT

<sup>\*</sup>Shoe box with healthy snacks is allowed during Rook Week and after