



New chef promises to change NU's food service

By **Marc Allerdt**
Norwich Guidon Staff Writer

Kenneth Fredericks, the new Norwich University Executive Chef will be making some changes in the mess hall.

In addition, he was hired to take on bigger challenges still to come with the new building next year.

"I'm going to build a strong team to succeed in the new building. I'm going to bring a better product to the customers and cadets," Fredericks said. "I will make sure that you're getting as much value for your dollar as possible.

Fredericks said one change involves the salad bar, where he will no longer be offering "bagged salad. That will probably happen within the next month.

"There are certain methods that the cooks are using right now that aren't modern and we are going to be moving into modern methods," Fredericks said.

"Every place that I have gone, I built a strong team," he said. "I'm a CIA graduate. I have been in the business for 32 years and I'm real picky on how stuff tastes," he said. "So everything that goes out, I taste. If I don't like it, I don't necessarily make a scene about

it, but they know I want it to taste a certain way and my palate is the final say."

Fredericks has a solid track record of starting new projects off on the right foot.

"I was at Champlain College in Burlington. They just went through a \$10 million-renovation," he explained. "We opened a brand new building there. I have been working for Sedexho for 18 years and before that I was working at Green Mountain College.

Fredericks said that "in the past five years I opened five new accounts. I'm here because I did open up Champlain from the

ground up and when I got done with that, I saw this opportunity to open up a new building here at Norwich.

"We are going to be practicing newer delivery methods," to try and make the presentations a little more appealing to all of their customers, he explained.

"They do know how to cook. I have tasted a lot of their food and it tastes really good but some of their presentations don't work for me," he explained. "I want to see modern presentations.

"When it comes down to it, most of the (students), 18 to 22 years old, aren't looking for exotic fla-

vors," Fredericks explained. "You're looking for modern presentation, good food, and enough of it to eat so you don't have to try everything on line to see what you like best."

"I think the presentation has been a lot better," said Ryan Krause, a sophomore economics major from Ithaca, NY. "You notice all of your foods have been put together a little more conservatively rather than just thrown on your plate and slopped around."

Emily Farnsworth, a sophomore

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Paranormal specialist examines possible hauntings at Norwich

By **Marc Allerdt**
Norwich Guidon Staff Writer

John Zaffis from the Paranormal and Demonology Research of New England (PRS) visited the Norwich campus recently to talk about his 33-year career with paranormal activities.

Zaffis has appeared on such TV networks as the Discovery Channel, The History Channel, The Learning Channel, and ABC, as well as appearing on numerous radio shows.

Zaffis, author of *The Dark*, is currently working on three other books, one to be released in September or October entitled *The Litchfield Terror*.

Zaffis told the Norwich audience about how he had his first experience with a spirit.

"I was 15 years old and I had a sighting at the foot of my bed and it donned on me that there was something to it," he explained. "I didn't know what to make of it so I went downstairs to tell my mom about it.

Zaffis said he told his mother that the spirit "just stood there and shook its head back and forth at me.

She got this blank look on her face and said 'that was your grandfather,'" he said, adding that his mother then explained he had no way of knowing who the spirit being was because he was "only three (when he died) but whenever he was upset with something he would shake his head back and forth."

Zaffis said that shortly after seeing his dead grandfather, his grandmother passed away.

"A couple days after (my experience) my grandmother passed away. So today I associate that he just came to get her to help her cross over," Zaffis explained. "After all that happened I started really getting into it.

"I would go to haunted locations and checking into everything I could get my hands into," he said. "At that time I started doing a lot of work with my aunt and uncle doing investigations. I had never seen anyone possessed; I wanted to know if that stuff was for real," Zaffis said.

Zaffis explained to the NU audience that he senses energy and feelings in certain places.

"I get a different feeling when I go into different places when

there is spirit energy," he said. "It's very difficult to try and explain. It's almost like a little bit of a static type situation that you would feel when there is residual

energy around.

"When I was walking through the (Norwich) dorm rooms of Alumni, it didn't feel anything like it did a couple years back,"

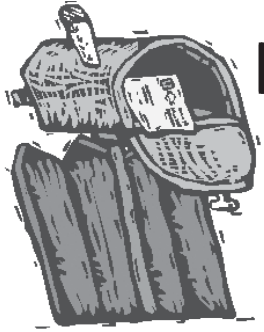
he said. "But it's kind of like that feeling you get when you feel someone is watching you; it is

See GHOST pg. 7

Place your bets!



NU Engineering Professor Dennis Tyner deals blackjack as a participant of Casino Night Feb. 18 in the Mill. The fundraiser event brought in \$1,260 for the Institute of Electical & Electronic Engineers (IEEE) and NU Women's Softball team. The money will be split between the two organizations. (Almagambetov photo)



Letters to the Editor

Letters from the Norwich Community

Dear editor:

We were driving to Boston from Montreal when our car crashed pretty dramatically in the middle of the snow storm on the I 89, between exits 5 and 6. We got off the highway, into the ditch and up into the trees - the car was destroyed, but amazingly we were OK. As we scrambled out of the car, dazed, 3 Norwich students parked their cars across the road and came running up to assist. Seeing that we were Ok, they helped us call the cops and also waited with us outside in the snow storm for quite a while.

Finally, the police car came and we were supposed to back up towards the car, but the nice policeman decided to take his car and make a U turn, which was a 10 minute ride. Obviously the 3 VERY NICE young men were no longer there. And we never got to say thank you or know their names. There were 2 guys in uniform and one in regular clothes - if you are reading this, my husband and I would like to say a BIG thank you! You guys were awesome!

Somik and Nandini Roy

As We See It

Last month an incident on Payne Mountain involved several Corps freshman and called for the use of several emergency response teams from central Vermont as well.

Northfield Police, Northfield volunteer EMTs, Vermont State Police, Vermont Search and Rescue, and the Norwich Mountain Cold Weather Rescue team were all called to help with what turned out to be a bogus rescue.

Although the cause of the call was because of false informa-

tion, the groups reacted in a quick and professional manner. We salute all organizations and individuals who reponded in such a selfless and professional way.

When the Norwich community needs assistance, help from the university and surrounding area mobilizes rapidly.

We encourage all the Norwich community to thank members of these rescue organizations for their vigilant assistance.

Dear Editor:

In light of the passing of Norwich alumn and Medal of Honor Recipient Captain James M. Burt, I was wondering if there was any program in place to more actively invite alums who have made a significant impact in our country, or around the world, to come back to Norwich and share their experiences.

To a student like me, it would seem to be completely out of my place to write an alum and ask them to come and talk to the student body, however, I would love the opportunity to learn more from those who have gone before us and achieved something significant in their lifetimes.

Unfortunately for the student body, however, many people that I have met, such as General Gordon R. Sullivan, NU '58, who would seem to best fill the void that classroom lectures sometimes leave behind, are also the most humble. Whenever they do visit the university, they are rarely given an opportunity to speak to students one-on-one, or in informal settings.

While this may be a simple, and perhaps naïve view, I feel that everyone has something to share and it just makes sense to take advantage of some of the ties that we have to those around us.

As an example, we have faculty members who are working here

today who have played important parts in the history of our nation, but have never been given the chance to speak and share their observations. Not only is it a shame for them to never know that their actions are appreciated, but it would also be a shame if we never learned from them.

The number of WWII veterans surviving today is a sad reminder that generations of people who have come, and learned before us, are leaving faster than we would like to admit, but that should be our sign to start trying to learn now.

Sarah Davis

It is with profound sadness that we mourn the loss of Captain James Burt, NU'39, our last living Medal of Honor recipient. I had the privilege of meeting him four or five times during my presidency at Norwich. I found him to be a gentle man and incredibly humble. When asked about his valor and accomplishments, he would simply state, "I was just doing my job." He was a true Norwich hero.

I am writing this article, having just returned from a trip to Washington, D.C. It was there that I met with the staffs of U.S. Senators Leahy and Jeffords, and Representative Sanders. We are working closely with our Vermont Congressional delegation to obtain funding for various Norwich projects from our Federal government.

The night before, however, I attended the Green Mountain Council, Boy Scouts of America, tribute to the men and women of the Vermont National Guard as I was able to host some Norwich alumni and their wives, as well as present students who have served in the Vermont National Guard and recently returned from being deployed. They were COL and Mrs. Michael Gately '70, LTC and Mrs. Rick Van Arnam '84, Kimberly Hale '09, Angelina Androsova '07, and Chris Tanguay '06. They met Governor Jim Douglas, Representative Bernie Sanders, and MG Rainville who accepted the Distinguished Citizen Award on behalf of our men and women of the Vermont National Guard of which all of us are incredibly proud.

I want to let all of our students know of a critical need for them to display their leadership. The Civilian Honor Committee needs new members. The Civilian Honor Committee conducts Honor and Disciplinary Boards for all civilian students and are responsible for determining guilt or innocence, recommending sanctions to the Dean of Students, and protecting the student's rights through the disciplinary process. They operate within the Dean of Student's office but are completely student run. We are looking for mature civilian students from all class years to join their committee. This is an excellent way to become involved in the vital functions of our University; the typical time commitment is 2-3 hours per week. Students with established academic success and a clean disciplinary record, or students who have learned from and overcome past disciplinary problems are encouraged to apply. Applications are available at the Dean of Students' office, or by contacting Ed Ware at waree@norwich.edu.

Norwich FOREVER!

The President's Corner



The Norwich Guidon is a twice-monthly student newspaper distributed at Norwich University. It provides laboratory experience for students in the Communications program. claims asserted by advertisers, letter writers, editorials and other articles do not represent the positions of Norwich University. *The Norwich Guidon* welcomes signed letters to the editor. They should be no longer than 300 words. Unsigned letters will not be printed, but names may be withheld upon worthy request. All letters are subject to editing for length and good taste. **Mailing address: The Norwich Guidon, Communications Center, Norwich University, Northfield, VT 056632.** www.norwich.edu/guidon.

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Despite recent small accumulations:

VT snow totals dwindle; skiers pay price financially, recreationally

By Amanda Sugai
Norwich Guidon Staff Writer

For Mark Pinsonneault, going snowboarding this year has been ruined by Mother Nature's lack of white powder, which is usually up to his knees by now.

The 21-year-old history major from Nash, N.H., said that looking out his window is depressing enough, but going to a mountain where all he catches is a cold and no air is pointless.

"Oddly the mountains in New Hampshire are getting more snow than the ones here, and the mountains here at Sugarbush are getting worse, to the point that I have more of a chance scraping my board against the ground than I do not running in to a man here at Norwich," he said.

Pinsonneault has concluded that even hoping for the best blizzard will do no good this year.

"There is no way that this season can be salvaged seeing as its February and it looks like its May now," Pinsonneault said.

For most people in Vermont the season for skiing is a year-around event, however this year their luck is winding down while Mother Nature has decided that this season's snow shall not rest upon the mountain side this year.

"I bought a season pass this year and it has not paid itself off yet like it would have last year or the year before that," said Edward Mersman, a 20-year-old junior environmental science major from Brandywine, Md.

About this time of year many skiers would have made numerous trips to the mountains flying down the mountain side trying not to take a digger or face plant in the snow.

Instead, there are huge amounts of grass covering the mountains this year.

"The last time I went I was going down Lincoln's Peak and hit a rock that took a good chunk out of my board and bruised my knee up really badly," Mersman said. "This is costing me around \$30 to fix my board and as for my

injury, I'm tough so it's not that bad."

"The first time I went this year it was hardly worth my time. I spent more time on the ground than on my feet due to the man-made

it's a waste of money and time as well as posing a danger to the people on the hill.

"Sugarbush isn't really losing any money this year it's us that bought the season passes,

arguments over this one," Mersman said. "I just think that people are trying to find someone to blame. If that was the fact, then it wouldn't be snowing in Massachusetts and New Hampshire as much as it has."



Zinderman Artwork

snow that was flying in my face," said Larry Shaw said, 21, a junior communications major from East Hampton Conn.

Because of the lack of snow at the base of Sugarbush, the management has been forced to make their own snow. Man-made snow is a lot harder to ski or snowboard down.

"Man-made snow is a lot heavier than regular snow, which means that it packs down harder and by noon there are a lot of patches of ice that make it even harder to cut turns on," said Jonathan Magri 21, a junior mechanical engineering major from Raintree, Mass.

Sugarbush ski resort is forced to make snow and therefore can only have certain trails open. Most of the trails are the blue square or easy trails, which makes it much less challenging for the more experienced skiers who only go down the black diamond or expert trails.

The other financial risk with making man-made snow is temperature. If the weather is too warm, the operation will essentially make artificial rain and

because they already have our money," Pinsonneault said. "If I would have known that the season was going to be a bust I would have passed on the pass and just done it day by day."

"The only two times that I have been able to go were both half days because I went after classes so they were pointless and disappointing," Shaw said. "All the different paths had so much ice on them it made it harder to turn."

"Unfortunately the season is almost over and there isn't much snow on the ground now," said Brad Snow, 19, a sophomore communications major Northfield, Vt. "It's February, plus it's getting too warm so the artificial snow they make melts faster than you can ski down."

Because of the weather, the season might have to be put on hold for now. The lack of snow makes it difficult for anyone to risk going on the mountains.

"I am an environmental science major and everyone believes that the lack of snow had to do with global warming but I won't attest to that," I have gotten in many

"If I would have known that the season was going to be a bust I would have passed on the pass and just done it day by day,"
-Pinsonneault-

Skiers are now looking to next year. Customers are hesitant to purchase season passes next season if they feel the weather has a chance of being like this year.

"I don't know if I am going to buy a pass for next season. I don't want to waste another season if it's going to be like this," Magri said.

"Next year it's going to take a lot for me to buy a pass, so I might just wait until a little into the season and see how the weather is, then buy a pass, because if it's good then it will be worth it," Shaw said.

For some students, this year may be the last year that they live in the White Mountains of Vermont.

Graduation is coming and some students won't get the chance to ski in Vermont for possibly a long time.

"I am going to graduate this year so I won't have the chance to buy another seasons pass," Pinsonneault said. "This was a bad note to end on. I was hoping that I would have one last good season before I leave this place."



Zinderman Artwork

Cadets speak out about declining corps standards

By Geoffrey Ankuda

Norwich Guidon Staff Writer

To earn the title of "cadet" in the Norwich University Corps of Cadets, a person must agree to live by a set of specific standards.

Yet, according to many cadets, some members of the corps are having a hard time meeting the standard and following the rules and regulations of the university.

One cadet who has seen this problem firsthand is Ryan Nelson, 21, a senior computer information security major from Greenlawn, N.Y.

"(There are) cadets around campus who feel the rules don't apply them anymore or they can disrespect their superiors because they are upperclassmen," Nelson said. "Some people after they are recognized feel they can do whatever they want."

Some of the problems that have been observed have been "everything from people walking around with their hands in their pockets, wearing the wrong uniform and not wearing proper uniform items, to people just blatantly disrespecting officers and disrespecting direct orders and just conduct that is not in the standards of being a cadet," Nelson said.

Nelson said the biggest problem is that people "know they are breaking the rules, (but) they don't care."

He questions why people choose to stay in the Corps of Cadets if they do not "follow the standards and rules and live by the standards and the lifestyle we choose to live by."

A lion's share of blame for not observing the rules has fallen to the sophomore class for a perceived decline in standards.

Charles Heslin, 21, a senior criminal justice major from Carver, Mass., said he may know why that is the case.

"Every year you get the sophomores who just finished up a long year of freshman training and then the next year they are

sophomores and they feel like they have all the power in the world, or at least they think they do," Heslin said.

"I believe that when sophomores starting off their year in a cadre position they have got the motivation to keep their standards up 24/7 for the whole year, based on the fact that they are constantly in the eyes of the freshmen they are responsible for training," Heslin said.

Heslin said he believes that the reason sophomores who do not have leadership positions have a harder time staying motivated

One specific problem that has come to light is the increasing number of cadets walking with their hands in their pockets.

"It is a rule, and we find that in the services as well," Gillett said. "The pockets are there. If your hands are cold throw them in the pockets. I don't necessarily like the idea of people walking around with their hands in the trough pockets, but if they have a jacket on I have been hard pressed to see what the problem with that is," Gillett said.

"People tell me that it doesn't look professional, but I don't

because they do not want to get their gloves.

"I get my gloves and don't put my hands in my pockets," Tom said. "But other kids are just lazy."

John Marshall, 23, a history major from Taunton, Mass. sees another problem: fitness standards.

"We don't do corps physical training (PT) anymore. That's ridiculous," Marshall said. "Any military unit should do PT and I will praise Col. Smith for trying to run PT, but the bottom line was people didn't want to drag themselves out of their rack at

many uniforms authorized to be worn, said Randy Young, 19, a sophomore business management major from Buffalo, N.Y.

"You have some people wearing summer cadet jackets, some people wearing winter cadet jackets, then you look at the freshmen that have a new jacket; that's like three different uniforms," Young said. "Then you throw in some people wearing BDUs and that's four different uniforms and you still have people that are not doing anything about it."

Young said although cadets are required to follow the uniform of the day, they "don't have the higher up leadership following that; there is no one to look up to."

Young said that the whole problem was not with leadership, it is a problem of education. "We are fighting the fact that no one reads the rules and regulations."

The problem of cadets in the wrong uniform is compounded by the fact that "people are really afraid to blouse their own and blouse their peers," according to Bradford Whiting, 19, a sophomore criminal justice major from Andover, Mass. "There isn't any motivation for upperclassmen to have a good uniform."

Saluting of officers is a long-held military tradition. However, some see the problem involving lack of salutes in the corps as the fault of both upperclassmen and underclassmen.

"Pretty much you get to know who really cares if you salute them and who doesn't care," Whiting said. "Col. Brewster cares if you salute him and if you don't salute him he will let you know about it."

"I think one of the major problems for a lot the cadets starts sophomore year, you come back you are an upperclassmen and you don't have to adhere

"People have the mentality that they are (just) college students, but you come to Norwich in the Corps of Cadets...you have to play the game."

-Stuart-Shor-



is because all they have to look forward to is doing homework and the corps functions they have to do.

He also said that another reason is they are not "under pressure to maintain those standards," is because they are not in a leadership position where they have to lead by example.

The problem may be blown out of proportion, however, according to Paul Gillett, 22, a senior biology major from Osco, Maine.

"Based on the cases that I have looked at this year, it's pretty much from the top to the bottom," he said. "You don't find too many stuck in one particular class."

Gillett said the "freshmen class has always had problems coming back because they are learning a new routine. But in terms of upperclassmen routine, to a little bit of an extent there have been problems."

know if I believe that," Gillett said. "Not everything that comes above me I take as the word of God. I have enough brain cells to form my own opinions on a certain number of problems including hands in the pockets."

Gillett said while he sees it happening often, he does not see it as one of the major problems such as drinking or fraternization and he said it "seemed so trivial to get upset about something so small."

"It is not just the sophomore class that puts their hands in their pockets. I have seen this way too often. It's not just us," said Tom, a sophomore in the corps who requested anonymity. "I have seen juniors and seniors doing it, but they blame us. I guess we are the scapegoats."

Tom also said that part of the problem is pure laziness and that the people who keep their hands in their pockets are "just lazy

5:30 a.m to go PT which is what the military is supposed to do."

Marshall said, "You PT in the military because you wear a uniform, not baggy cloths and if you are fat and nasty it is going to show.

"Being professional is also being in shape and looking like you halfway care about yourself first and foremost," Marshall said.

When it comes to fitness in the corps, Marshall said the school worries more about keeping kids in school to collect money from them than maintaining the standards.

Currently, the only all-corps PT sessions are conducted Monday, Wednesday, and Friday and are voluntary according to Cadet Col. Benjamin Brewster.

Another problem that has been on the rise is cadets being in the wrong uniform of the day. This problem exists because of the

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what the rookies do," Whiting said.

Tom said the problem is coming from the seniors down. The main problem he sees is with seniors not setting a good example.

"When you salute you give respect, some of these officers give a half-assed salute and when you salute an officer you are supposed to get a salute back that is actually a good salute," Tom said. "When we see a half-assed salute that represents that we aren't going to try. So in turn, we are not going to try anymore."

The amount of time it takes to correct a problem is also an issue.

"When I leave here I go to class. When I leave class I come back here to do stuff. I don't have time to stop every single person that is not saluting me," Heslin said. "I don't have the time, period." "At the same time, if I were to do that, I feel I would lose a lot of respect of those people," he said.

There is also a problem with rules and regulations being blatantly

ignored or just unknown.

Winters said that within his own company, the company commander does not know about the more serious issues such as sophomores with TV and cable, which he called "a fairly extreme abuse of that system."

He said he is not sure how much of the problem the 1st Sgt. is aware of but he added, "I know he has played video games in kid's rooms who shouldn't have TVs."

The punishment system also has several problems that cause people to waste even more of their time dealing with cadets who are not performing to expected standards.

"You are wasting the time of the person who made the infraction and you are wasting the time of the person who has to write it up," Young said. "Then that person passes it up to higher people and passes it back down and passes it back up to even higher people, who pass it to runner, who passes

it to other people, so there were like eight groups of people involved there."

Marshall said he has also seen a gradual decline in corps standards.

"In five years I have seen the corps go from the quality of poorer cadets being high but a small number, going to a large number of poorer cadets at a lower level," he said.

"We used to have guys that would run right across the Upper Parade Ground (UP)," Marshall said. "People won't do that anymore but now you have five or six for every one of those guys that will walk around with their hands in their pockets or not saluting."

Trying to make people care enough not to break the rules is a problem in its self, according to Cadet Col. Benjamin Brewster, 21, a senior history major from La Plata, Md., and highest ranking member of the corps.

"I can't make anyone care about this place, but what I can make someone do is obey," he said. "I hope through making people obey, their heart will change, but I cannot change anyone's heart.

"The punishments we have here are not the reason people should live by the rules, they are reminders of why we ought to live by them," Brewster said. "They are the consequences for our negative actions and every commander should seek and strive to motivate his people to live to a standard because they want to, not because they are forced to.

"Sometimes a commander is forced to hold their people accountable and no one likes that; not even the commander," Brewster said.

Cadets who have a problem with personal responsibility are at the heart of the issue, according to Anders Hedberg, 22, a senior history major from Victorville, Calif.

"It is time to learn about it now before you go out in a real world military, real world business or real world police force because if you make some of these mistakes you make now or you have some of the same attitude it's going to affect you," Hedberg said.

"Everyone says 'well I'm not going to be like that,' but honestly, how you practice is

how you play," Hedberg said.

A large problem with getting people to care stems from people not wanting to accept their responsibilities in the corps, according to Joshua Stuart-Shor, 21, a junior studies in war and peace major from Boston, Mass.

"Certain people just don't want to do it and you can't force it on them," Stuart-Shor said. "You can counsel them till the cows come home," he said. "You can write them for tours, but if they don't want to play along, they are not going to."

"A lot of people that have that issue have the mentality that they are college students," he said. "Granted they are, but you come to Norwich in the Corps of Cadets you kind of have to play the game.

"It's all about attitude and people caring and you have to make people care right from the get go or they are not going to and they are not going to want to make this place better and be the best," Marshall said. "No one was ever on a winning team that didn't care."

Student Facebook account content may have repercussions when seeking a job

Amanda Sugai & Sean Dolan
Norwich Guidon Staff Writers

Allison Devlin knows all about Facebook, a popular new way to communicate with others on the Internet.

Devlin, 20, a junior English major at the University of Massachusetts, said that at her school "originally facebook started as a way for people to connect to find out classes."

"My school is so large that finding people that have the same classes is a hard task to do," said Devlin, a Braintree, Mass. native. "That is what Facebook was originally intended for: to allow others to get in contact with people in that same class."

But Facebook has taken on new dimensions and uses, some of which may not be advantageous.

The Norwich Career Development Center has expressed concerns that the content of students' profiles on Facebook may work against them in getting future jobs. (See accompanying "Career Corner" column).

In one instance, the Career Development Center reports that an individual was turned down for a job because of the questionable content in their Facebook profile.

"Using offensive or sexually explicit language, discussions about illegal or unethical things you have done or inappropriate pictures all put you and your career at risk," according to the Career Development column.

But Andrew Teeter, 21, a junior political science major from King City, Calif., disagrees that

whatever is in a student's Facebook profile should be used against them.

"It's supposed to be something for fun. It's not something serious," he said. "If you were applying at Monster.com, then you would put something like a resume on there, it shouldn't play that big a role in a job application."

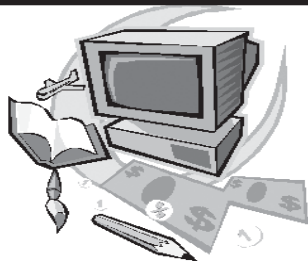
"If somebody is doing those things and posting them on Facebook they will show up in other places in their lives not just on facebook," said Martha Rojeck, 20, a junior environmental science and biology major from Plymouth, Mich.

Rojeck said Facebook is not a credible source for employers because potential employers

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Career Corner

It's your future we're talking about....



Facebook.com and myspace.com can be a fun way to meet people, talk about issues or advertise events, but it can also affect your career – positively or negatively.

We in the Career Development Center recently heard a story about a student who accepted a job offer, only to have that offer rescinded after the new employer saw the information the candidate had posted about himself on facebook.com. Many of you may be thinking, "That's my personal space and my free time. It doesn't matter what I post," - but it does matter and it is very public and easily accessible.

Your future employer, whether private industry, the federal government or the military, can easily search these sites before offering you a job or commission. Your future employer views you as an extension of the company, a public projection of the type of workers that company employs. Using offensive or sexually explicit language, discussions about illegal or unethical things you have done or inappropriate pictures all put you and your career at risk.

To make the most of facebook.com, myspace.com and similar sites, we suggest you use the space in a way that is similar to a resume. Highlight your accomplishments, awards and honors. Outline your special skills. Discuss your work experience and volunteer activities. And be sure to update your account periodically, as well as monitor it daily in case anyone else posts something about you.

By taking personal responsibility for your account(s), you can enhance your future career and make the most of this new opportunity.

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that energy you feel.”

Through his years of research, Zaffis has found the temperatures in the air play a role in spiritual activity.

“When it is very cold your energy levels will be very low and that affects us,” he said. “(Such feelings) will be very much dissipated when it’s cold out.

“When you’re inside buildings, you’re going to have more activity in warm places,” he explained. “Summer, spring and fall you’re going to get a lot of activity; especially in the fall, lots of activity takes place in the fall.”

Zaffis admitted that didn’t know why there is more activity in the fall. “I don’t know, never been able to answer that one.”

Before his presentation, he walked the campus with a few people searching for spiritual activity in dorms and classrooms.

“We went into the chapel building and there was activity up by the front part by the piano,” Zaffis said. “There was definitely some activity over there. We went down below and there wasn’t much of anything there.”

Zaffis visited Norwich in 2003 and found more spiritual activity on campus then.

“The last time I was up here there was a lot of activity in Alumni Hall,” he said. “This time around, since they have renovated the building, it was very

calm. There was one room that still had energy but nothing like it was in 2003.”

The room Zaffis claimed had spiritual energy is being occupied by Eric Miller, a senior communications major from Decatur, Georgia.

Miller moved to room 120 in the basement because the single room recently became available. “I was coming back from drill team practice and I knew that the ghost tour was going on around campus,” Miller said. “I saw this older man walking around with one of the coordinators from students major from Decatur, Georgia.

Miller said Zaffis went to his room. “I didn’t want to be in there when he did it because it was kind of dark out and I’m not cool with that stuff.

“He came in (my room) and started whispering to himself looking around the room,” Miller recalled. “It was freaky. He was looking around my room like he was talking to people sitting at my desk and lying on my bed,” Miller said. “I was waiting outside this whole time and I asked the other people what he was doing and they said he was trying to communicate with them.”

Miller said a couple minutes later Zaffis came out of his room and said Zaffis told him “there’s definitely some activity in your room. It’s not as strong as it used to be, but there’s a presents here”

Miller said he “freaked out and went to chow.”

Before the Norwich show, Zaffis had a mini-tour with the student activities coordinators, Jason and Robin Stewart. Robin works in the Norwich bookstore.

During part of the tour, Zaffis and his escorts went to the top floor of the Kreitzberg Library

headed in the elevator headed to the documents room.

Zaffis, who was staring at the floor, looked up at Jason Stewart and another man who was in the elevator and asked, “Which one of you two guys have been to a

headed in the elevator headed to the documents room.

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Robin Stewart had her own experiences with paranormal experiences in the house.

“One night I was in the kitchen cooking and all of the pot lids flew off of everything that I was cooking with,” she said. “I was cooking two or three things at once and they all flipped at the same time. I actually have a burn from one of the lids hitting me.”

Jason Stewart said that after he and his wife moved out of the house, “five Norwich girls moved in the house. My wife knows a few of them. We didn’t tell them anything. Later we found out that some of the same things that happened to us were now happening to them.”

After the show, Zaffis took volunteers for a ghost walk on campus.

The tour started in Dole Auditorium and continued to a majority of the buildings he had not visited earlier on the mini-tour.

“Every room we went into he talked about what he felt or didn’t feel,” said tour participant Kevin Clarkson, a junior physical education major from Springfield, Mass. “He didn’t feel anything in Jackman (Hall).

“From there we went to Dewey Hall and he said he felt something on the top floor in one of the classrooms on the upper parade side,” Clarkson said. “He said it was the activity of two sprits that were killed in the room.”

Zac Romero, a junior physical education major from Mason, Arizona, said Zaffis sensed energy activity in Ransom Hall as well.

“He walked us through Ransom, walking though all the decks and in the basement (he) said, ‘Yep there’s definitely energy right here,’” Romero said. “He said it wasn’t an evil spirit, because he can tell if it is or not.”

Romero said that the tour continued to Goodyear Hall, where Zaffis claimed that he “felt a presence.

“Next we went to the basement deck of Hawkins and (Zaffis) felt some very strong presence there and thought that the ghost was in his forties when he died,” Romero said.



“The last time I was up here there was a lot of activity in Alumni Hall. This time around, since they have renovated the building, it was very calm. There was one room that still had energy but nothing like it was in 2003.” -Zaffis-

haunted house recently? I know one of you have, don’t lie to me.”

After an awkward pause, Jason Stewart said “I used to live in one.

“The last house we were living in had a few odd things happening,” Jason explained to Zaffis. “There were lights turning on that we didn’t turn on ourselves. The toilet in the upstairs bathroom would randomly flush.”

Jason Stewart said that when the unusual toilet flushing would occur, “there was an overwhelming smell of cigarette smoke. We would be downstairs and hear the door close and the toilet flush. Then when we would go up to investigate, (we) could actually smell the smoke in the air.”

Jason Stewart explained that on one occasion in the house his sons shoes fell off the table in front of him. “Nothing hit them; it was just the craziest thing. The shoes just rolled off the table right in front of me.”

“Later we found out through friends that one of the previous owners (of the house) was dying of Cancer,” Jason Stewart explained, adding that he went into the garage and shot himself with a shotgun.

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shouldn’t base a person’s character on a few pictures or comments they have posted on Facebook.

Employers who are also Norwich alumni who keep university e-mail accounts are able to log onto NU students’ Facebook accounts and view profiles.

Students also have the ability to allow only those they know to see their profiles by privatizing their accounts.

“To me it’s a safety issue,” said Martha Mathis, Norwich Dean of Students. “It is the people who do not have the best of intentions that have access to all of your information that would be my primary concern.”

And some students have voiced concerns about whether the Norwich administration can go onto Facebook and find pictures or comments in student accounts which could result in disciplinary action.

But Mathis is certain that won’t happen.

“The administration will never be sitting up here on a Monday night for an hour looking for pictures on Facebook of students doing illegal things,” she said. “That is one thing that I am completely against.”

CHEF from pg. 1

architect major from Hinesburg, Vt., has "noticed the sauces in the pasta line.

"I haven't really noticed anything else because I usually avoid the home style line because it's not all that pleasant," Farnsworth said.

Sedexho policy is to make many of the sauces daily in the NU kitchen, which doesn't come from a 55-gallon drum.

Fredericks also plans to eliminate the bagged lettuce, chopping it fresh daily.

"There are certain things that I'm going to tweak with the cooks," Fredericks said.

Fredericks wants to be reliable and available to all cadets, students, and staff.

"If there's a problem, (students) need to come see me right away and I can fix it," he said. "Anyone can send me emails. I check the board all the time or just come physically get me."

The new mess hall, planned for completion in 2007, will have input from Fredericks.

"The mess hall for next year will be moved beneath the math and science complex. They're going to do something with the floor," he said. "They're going to re-concrete it and we are going to have

(mobile kitchens) outside. I'm just going to wait and see and make it work no matter what.

"When we do move into the new building, first thing is that the staff is all going to be wearing new uniforms; button downs and all will look professional," Fredericks said.

For some students the transition from the old building to the renovated structure will be challenging.

inconvenience," Farnsworth said.

"Worse comes to worse, I'll bring my big smoker from home and (students) will be eating like you're down south and we will be making smoked BBQ pork and chickens," Fredericks said.

Melissa Morgan, a junior political science major from Kittery, Maine said that since she has been at Norwich "it's usually always the same type of thing and they're always repeating menus.

said. "There's nothing to really have a well balanced meal."

"You'll see something on Sunday night and see it again on Tuesday," Krause said. "I just like everything warm with more meat and maybe a little more protein. We really don't have a lot of that, so it would be really sweet if we could get some."

"I like pizza for breakfast personally, that work for me," Fredericks said. "I make a lot of breakfast

have new items but they are going to come from within."

"I would definitely throw some ethnic diversity in there to maybe have some Japanese food one night," Sheils said. "That stir fry section just isn't going to do it. We have that every day. We need to switch it up."

Krause would like to see a change in the way meals are offered at NU as well. "I think it would be better to have full-day meals like they have at other colleges.

"There are some days when I want to eat but I don't have another swipe on my card, or maybe by not being cut off at 8p.m. because of military training and sports," he said. "You get back at 8 p.m. and you miss dinner, so then you have to go into town to eat."

Farnsworth agreed. "I would definitely suggest that they try and rotate their food a little more. I have had some bad experiences with the deli meat."

Fredericks is committee to creating a meal plan and eating atmosphere not common at many colleges.



"If there's a problem, (students) need to come see me right away and I can fix it. Anyone can send me emails. I check the board all the time or just come physically get me."-Fredericks-



"It's probably going to be a tough chow rotation," said Connor Sheils, a sophomore criminal justice major from Boston, Mass. "It may be a tight squeeze."

But Krause is more optimistic. "I think it will be okay. I'm always up for a change. That's what we expect at this school: change."

"If the food is going to improve, then I think I can live with (the

Maybe some new things on the menu can change it up a bit."

Shiels agrees. "I think the food is pretty much the same thing every day and there really isn't any diversity in anything we eat.

"We need healthy foods because this is a school where a lot of people try and stay in shape and when you look around the mess hall, all you see is burgers, pizza, stir fry and pasta," Shiels

pizza. I'm sure (students) would like it. That would be easy to do."

Feedback said he has many recipes but will need feedback from students to know if they like what he prepares.

"What my palate likes may not be what your palate likes," he said. "I want lots of dialogue from the cadets and students in the next year and a half to find out what they like. We're going to

Norwich spends \$25,000 to air ads on local TV station during Olympics

By Geoffrey Ankuda
Norwich Guidon Staff Writer

The Olympic Games are a place where athletes from around the world come to try their best and achieve greatness. Anthony Venti hopes that prospective students will view Norwich University in the same way.

Venti, who is Norwich's Director of Communications, worked in conjunction with Stamats Communications, Inc. to create Norwich University ads, which ran on a local television station during the recent Olympics.

Venti said the reason for choosing the Winter Olympics as a venue to promote Norwich is in the phrase used in each ad.

"Look at the tagline: 'Expect Challenge. Achieve Distinction.' What better place to say that's what Norwich believes in and the

Olympics are a form of that?" Venti said.

The ads, which were run throughout the Olympics and up to the closing ceremonies, cost \$25,000. Because NBC owned the rights to the Winter Olympics broadcast, Norwich had to buy the time from the local NBC affiliate WPTZ-TV, which is based out of Plattsburgh, N.Y., Venti said, adding that the Plattsburgh area is of special interest to the university.

"We continue to draw a lot of our student body from it, not all of it naturally, but a great portion of it," Venti said. "We wanted to make sure we were clearly identifying ourselves in that market in Plattsburgh and Burlington."

There were two 30-second spots run on a rotating basis throughout the Olympics. One

was aimed at parents and another aimed at students, Venti said.

"One is geared towards our student population, having

After seeing the ads play on TV, Venti said he was "very pleased" with them and the way they were run.



"Hopefully, it will spur on students thinking of the university to come here."-Venti-

student-to-student talking so to speak, talking to each other," Venti said. "The other one is talking to the parents and saying this is why you should consider sending your son or daughter to Norwich."

"I think they have delivered the message, they have delivered the message very well," Venti said. "It is clear and concise. It clearly identifies Norwich University. It tells everyone who is watching who we are, what we are about,"

Venti said. "Hopefully, it will spur on students thinking of the university to come here."

Venti said it was too early to determine how successful the ads were, but research will be conducted now that the ads are finished.

"We will do post-result after the flight, to see if there was an increase in name awareness or knowledge of who Norwich is and what Norwich is about," Venti said, adding that he will "see if people will listen to the ads and hear our tagline."

Even though the games are over, the ads can still be viewed on the TV section of the Norwich University Branding page at <http://www.norwich.edu/branding/tv.html>

Realizing that maturity and distance make a difference:

Students learn college relationships differ from high school

By Brad Snow

Norwich Guidon Staff Writer

Having a relationship in college is a much different experience than having one in high school.

It can be good to have one while in college, but it also has its negatives, according to Ryan White, a senior criminal justice major from Waltham, Mass.

When students have relationships while attending college, their goal is roughly the same: to get married and have children.

Students want to find that "someone" in college; "getting into a relationship in college is good for anyone," White explained. "Most people like to grow up and get married and have children, so it really makes people mature up and get more serious. Its good practice."

David Ballenger, a sophomore computer engineering major from Fredrick, Md., said some good qualities of having a relationship in college is that it is "someone to spend your free time with, take your mind off classes and the

stresses of college, and there is someone there for you who you can talk about your problems to."

Ballenger added that "having a relationship in college is not a bad experience, but they just don't work out in the end like you want them to."

Angela Carlson, a fourth-year junior at URI agrees with Ballenger about the good things of having a relationship during college.

"The nice thing about having a relationship in college is knowing someone cares about what's going on in your life," Ballenger said. "Especially being far away, you get to share exciting stories with one another that you wouldn't be able to if they were at the same school."

Aaron Ward, a junior communications major from Greenwich, N. Y., said "the nice things about having a relationship in college is that the person understands what you're going through. It's like having someone on your team."

Ballenger emphasized that it's hard to have time for a relationship in college because the schedules of the couple usually doesn't work out the way they want it to. "Schedules usually don't fit together at all."

Sometimes one of the hardest things for someone who is just going into college is the switch from high school to college.

The relationships are so much different in college than the superficial relationships of high school.

"Having a relationship in college is much different than having one in high school," White said. "In college, you have to adjust to a different community and atmosphere. It's a tough switch."

In high school, a person usually sees his or her boyfriend or girlfriend on a daily basis. "That is what is hard," White added.

Ward agreed that the switch can be a tough transition.

"Having a relationship in college can be hard. You go to a school where you don't know a lot of people and people are more ma-

ture. You can't flirt with someone just by punching him or her in the arm and then giggling about it. You have to strike up a conversation with someone, which is very hard for some people," Ward said. "You really need your mojo."

While many college students have relationships at their own college, some students have long distance relationships.

Carlson said that it's really tough for her sometimes because her boyfriend lives almost out of reach.

"The distance is what is hard about relationships in college," she said. "I drive three and a half hours to see my boyfriend every three weeks."

Carlson added that one barrier between couples in long distanced relationships is trust.

Usually when students have long distance relationships, their boyfriend or girlfriend are a long drive apart, 10 or fewer hours.

But White said his relationship is further away. "I have been in one relationship all through college, so obviously its been go-

ing well, but she is overseas right now in Italy, which makes it tough because I haven't seen her in months," White said.

But White explained that long-distance relationships can work.

"Long distance relationships work because you don't have to worry about what that person is doing every second," White said. "But it's also hard because you can't deal with a conflict person to person. You have to talk over the phone, which is hard because if she/he hangs up, it's hard to call them back because you don't know where they went or what they are doing."

Ward agrees that talking on the phone is the last thing he wants to do. "When you both are distanced, you are not seeing each other as much, you're talking on the phone. It gets frustrating a little bit, but you've got to keep on keeping on," Ward said.

Having a relationship at the same school has its ups and downs just as do long distance relationships, Ballenger said.

"There is always the good and the bad about having long distance relationships and relationships at your own school," Ballenger said. "You have to make time to see them (boyfriend or girlfriend) and you want to spend all of your time with them."

"On the long distance relationships, its hard because you spend most of your time away from the people back where you're from and you can't see them on a daily basis," Ballenger said.

Carlson emphasized that having a boyfriend or girlfriend at the same school would bring too much drama to the table.

"The hard thing about going to the same school is worrying about what they are doing when they aren't around you and it's more drama," Carlson said. "It's like high school."

That is why she likes long distance relationships better than an on-campus one. There is less drama and "it builds your anticipation of seeing that person," Carlson said.

What's happening at NU?

Activities sponsored by NUAC and S5

Sat. Mar. 4

**Student Senate
Dance Party
details TBA**

Fri. Mar. 24

**Volunteer Programs
Talent Show
Plumley (time TBA)**

Sat. Mar 25

**Semper Fi Recon.
Challenge 7a.m.-8p.m.**

Fri. Apr. 7

**Hypnotist Chuck
Milligan Dole 7 p.m.**

Sat Apr. 15

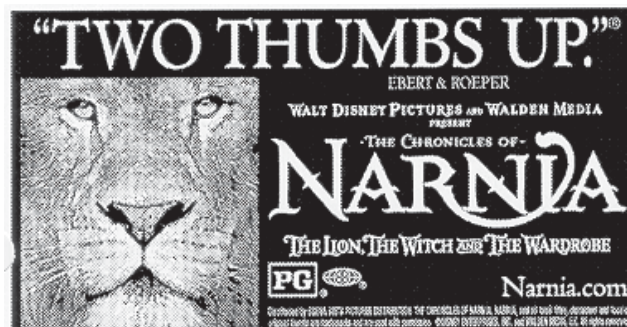
ACM LAN Party



Movies on Campus



Mar. 3-4



Mar. 24-25

NU unveils spring sports preview for 2006 season

By Craig McGrath
Norwich Guidon Staff Writer

With a new semester comes a new sports season.

This spring the Norwich ruggers have one thing on their mind and that's the "Sweet 16," the national championship for NCAA Rugby.

The lacrosse team has hopes of a second playoff appearance in three years and the baseball team looks forward to have a full season on their new field on campus.

The tennis team also trains for a higher seed in the playoffs this season.

Since the spring of 2004, the Norwich men's rugby team has had the hopes of returning to the national championship tournament.

"Every hour on the pitch is another good hour of experience," said Dave Meaney, a 20-year-old junior sports medicine major from Medfield, Mass. "Our spring season is key to building fundamental skills that will carry over to the fall season."

Because of harsh Vermont winters, the competitive rugby season is played in the fall, which leaves the team to train inside Shapiro Fieldhouse and stick to a rigorous strength and to conditioning schedule with Coach Justin Goulet.

"This spring is great for recruiting new players," Meaney said. "It's an easy season for newcomers because it's not as competitive."

"It's just a season that we get to play in some tournaments and play teams that we choose to,"

he added.

One of the tournaments is the Cherry Blossom Tournament in Washington D.C.

"There are probably 20 other rugby teams there playing three games a day or more for two days," Meaney explained.

Under the direction of a new coach, the Norwich baseball team hopes to have a better playoff seed than last year.

"In the fall we had a few practices and were able to get into a rhythm and routine which will hopefully carry over into the sea-

son," said Aaron Ward, a 21-year-old communications major from Greenwich, N.Y.

But because of lack of fund raising by the team and the low budget from the university, the team will not be able to have as long a schedule as in the past.

"Over spring break the team usually goes down to Florida and play about five or six games, but because of a lack of funding we won't be able to make that trip," Ward said.

See SPRING pg. 11

NU baseball team remains hopeful for successful season

By Brad Snow
Norwich Guidon Staff Writer

Nick Giacomozzi expects the NU baseball team to be better than last year because "there seems to be better chemistry amongst us compared to last year."

And Giacomozzi, a senior political science and criminal justice major from Marshfield, Mass., is not alone in that opinion.

The Norwich baseball team had a 7-16 record last year and plans to have a better season this year, Giacomozzi said.

"I expect that we will have a good team, we are looking stronger and stronger everyday at practice," said Matthew Nadeau, a freshman nursing major from Auburn, Maine. "I think our chemistry is starting to form."

Ryan White, a senior criminal justice major from Waltham, Mass., said he hopes for the best this year.

"I hope to create a positive team atmosphere which seems to be in place so far as we have been together for two weeks now," White said, adding that "everyone seems to be getting along and working together. This is a good

thing because it is what we need in order to win games, which is our main goal along with having fun.

"I hope to be able to provide some experience and guidance to the younger players and some knowledge," White said.

Kyle Kenia, a freshman

physical education major from Bryam, N.J., said that he likes how close the teammates on the baseball team have become.

"I like the kids on the team," Kenia said. "I like how we are all pretty close and we seem to function together really well."

Giacomozzi agreed that he likes "the fact that we have already

begun to bond and the fact that there are not many individuals."

White said that the qualities of the team center around "the right spirit and willingness to work as a team."

"This is the most close knit team I have seen at Norwich in the last four years and we are only in week

three of our pre-season," White said.

Kenia emphasized that he thinks the team will have a good year this year.

"I think the team is going to do really well we have some new talent and new coach," he said. "And even though we don't get a preseason because we were not going to Florida, I think we will jump off to a good start."

Giacomozzi added that he thinks "we will do better than last year. If we play well we might have a chance to break the 500 mark."

Even though the season is only three weeks old, White explained that he is surprised on how far and close the team has gotten in those three weeks.

"I was very surprised at how well everyone was getting along with each other right off the bat," he said. "There was no awkward stage where people were trying to get to know one another."

"This seems to present itself as a very good thing for our teams future," White said. "It will do wonders for team bonding and connectivity."

Nadeau said there were some surprises in store for him this year, however.

"I was very surprised to see that we are having meetings before almost every practice, which I believe is a good thing so it doesn't waste time during practice," Nadeau said.



***"This team seems to have the right spirit and willingness to work as a team. This is the most close knit team I have seen at Norwich in the last four year."
-White-***

Norwich men's hockey goes into plays with winning spirit



NU's Eric Ouellette waits for a pass near Skidmore's goal during a matchup Feb. 11. (Rubalcaba photo)

By Cody Hatt

Norwich Guidon Staff Writer

On Feb. 3, 2006, a rush of maroon and gold jerseys flooded the ice of Middlebury College's Chip Kenyon Arena, as members of the third-ranked Norwich University Men's Hockey Team celebrated a 4-3 overtime victory over arch-rival and top-ranked Middlebury in front of a stunned and silent Panther home crowd.

One night later, the Cadets found themselves on the opposite end of the competitive drama that defines Division III Men's Hockey, suffering a 4-1 upset defeat to NESCAC-opponent Williams in front of a hostile and frenzied Eph's crowd at Lansing Chapman Rink in Williamstown, Mass.

Following this rollercoaster two-day string that saw Norwich more-than-likely overtake and then give-away the nation's top overall ranking in Division III Men's Hockey in a matter of 24

hours, the Cadets rebounded with a dominant weekend-sweep of Castleton State College (CSC) and Skidmore on Feb. 10-11 in their final two home games of the year at Kreitzberg Arena in Northfield.

"After our loss to Williams the previous Saturday, we had a lot to work on and turnaround in terms of our execution and cutting down on critical mistakes that were causing us to give up some soft goals," said Freshman Forward Wendell Watson, a 21-year-old computer security and information assurance major from Holden, Mass., of the Cadet's week-long preparation prior to their 6-2 win over the visiting Spartans. "After a slow start against [Castleton] in the first period, we picked up our play and really put them away with a quick series of unanswered goals."

After an early goal by CSC's Jim Weaver at the 8:46 mark of the first period, Norwich answered back two minutes later with a

power-play goal by Sophomore Forward Raphael Robitaille. Less than one minute later, Freshman Forward Jim Koehler added an even-strength goal to give the Cadet's a 2-1 lead at the end of the first period.

"I think we were a little sluggish at the start against Castleton, but were able to bounce back fine and play pretty well throughout the rest of the weekend," said Koehler, a 20-year-old biology major from Hooksett, N.H.. "We had all our lines going pretty strong and [Brian] Mullally did a great job of capitalizing on the power play."

Mullally, a 24-year-old senior defenseman from Maynard, Mass. majoring in communications, was the story of the second period for the Cadets, firing the first of his two power-play goals past CSC Goaltender Jay Seals (45 saves) 36 seconds into the period. The team assistant captain added his second tally near the 10-minute mark to give

Norwich a 4-2 advantage heading into the second intermission.

"I got great shots to tip home from Phil [Sbrocchi] and Garret [Winder]," Mullally said. "They do a great job of putting the puck just a couple inches off the ice, which is right where you want it if you're trying to tip it in the net."

Out-shooting CSC 51-20 over the course of the game, Norwich continued to capitalize on its power-play opportunities when Sophomore Forward Rick Cleaver found the back of the net 14 seconds into the third period for his 23rd goal of the season. Cadet Senior Forward Garret Winder added the sixth and final goal for Norwich at the 6:42 mark, before Weaver added his second tally of the night for CSC to cap off the game's scoring.

Norwich Junior Goaltender Jeff Knapp, a 25-year-old business major from Thunder Bay, Ontario, recorded 18 saves for the Cadets. He said that he was impressed by

the adjustments his squad was able to make in the week following its disappointing loss to Williams on Feb. 4.

"I think the coaches and players really did a nice job of working together and making some small changes in our system after the tough game we had down at Williams," Knapp said. "We changed up to a fore-check attack where guys seemed a lot more comfortable working with each other and attacking the offensive-zone, and it really paid off with us getting a lot more quality scoring opportunities and giving up less goals."

The following afternoon against Skidmore, Norwich moved past a scoreless first period to erupt for five second-period goals and coast to a 7-0 over the visiting Thoroughbreds. On Senior Day for the Cadets, Koehler stole the show by recording the first hat trick of his career, while fellow freshman Rob Harlow added a pair of goals.

"I felt really comfortable out there within the system, and fortunately I was able to capitalize on the opportunities that I had around the net," Koehler said. "It was an emotional day for the older guys who were suiting up here for the last time, and it felt good to help them go out with a win."

Harlow started the Cadet's scoring spree out of the first intermission with an unassisted goal at the 6:23 mark of the second period. Koehler scored his first goal four minutes later to put the Cadets ahead 2-0, before assisting on Harlow's second tally of the afternoon exactly ten seconds later. Following Robitaille's 12th goal of the season under a minute later at the 11:00 mark, Koehler capped off the Cadet's scoring in the in the period with a goal just under the five-minute mark.

"Jimmy [Koehler] really stepped up huge with his first hat trick, and that's the type of boost we need from guys night-in-and-night-out," Mullally said. "We had a lot of guy's names on the

See HOCKEY pg. 11

HOCKEY from pg. 10

score sheet this weekend, and having that type of balance is going to be important as we prepare for our late-season run."

In the final period, the Cadet's registered two power-play goals, the first coming off the stick of Cleaver for his 24th goal of the year and the second coming on Koehler's hat trick to end the scoring at 7-0 with just under six minutes remaining. Overall, Norwich out-shot the Skidmore 55-21 on the afternoon, with Senior Goaltender Mike Boudreau making 21 stops for the shutout and Mike Mansfield recording 48 stops for the Thoroughbreds.

"It really has given us a huge advantage over our opponents to play in front of our home crowd, especially the students," Mullally said. "They really change the atmosphere of the game being so loud, and guys on the team really can't stop talking about how unreal it's been to have all the students there supporting us like they do."

Freshman Goaltender Chance

Gieni, a 21-year-old communications major from Saskatoon, Saskatchewan, sat out the weekend series after minding the net in Norwich's previous two games against Middlebury and Williams. He said that he was encour-

guys working together like that, blowing past defenders and attacking the scoring zone so aggressively" said Gieni, who has posted an 8-1 record in net for the Cadets since returning to action from an early-season should-

"Our goal is to go on an eight-game winning streak and get ourselves in the position to play for a national championship. We don't want a spring break. We want to be spending our break in Elmira, N.Y., playing for a ring."
-Mullally-

aged by the energy the Cadet's displayed on offense and the toughness they showed in protecting their own zone.

"It was really good to see the

der injury. "[Brian] Mullally played real tough and [Mike] Boudreau was really solid in net behind the defense, so it was really a total team effort and a great

way for the older guys to go out in front of the home crowd at Kreitzberg."

With the sweep of CSC and Skidmore, the Cadets improved to 19-3-1 on the season with two regular season games remaining at Bowdoin and Colby colleges in Maine on Fri., Feb. 17 and Sat., Feb. 18. Heading into the NCAA Division III Tournament, which begins Wed., March 8 at two campus sites yet to be determined, Koehler asserted that the Cadet's success will come down to "individual match-ups, winning the little battles on the ice, and continuing to play unselfishly as a team."

"The seniors definitely want to get back to the Frozen Four and try to win another [national championship] on their way out," Koehler said. "We have a solid group of veteran players on this team who've been there before and know what it feels like, and obviously everyone wants to help them experience that feeling again."

Mullally reiterated Koehler's desire to help his team get back to the NCAA Division III Frozen

Four, which is scheduled to be held at the First Arena in Elmira, N.Y., from March 18-19. He said that members of last year's team "found out the hard way what can happen if you take a night off in the playoffs," and that the key to the Cadet's success in the tournament will lie in their ability to "play a full 60 minutes of hockey in each round."

"Our goal is to go on an eight-game winning streak and get ourselves in the position to play for a national championship," Mullally said. "We don't want a Spring Break. We want to be spending our break in Elmira, N.Y., playing for a ring."

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With all outdoor sports comes the problem of weather and proper facilities.

Like every other outdoor spring sport, baseball will be sharing time in Shapiro for practice until the warmer weather arrives.

"We're limited because we don't have the best equipment because of funding, but we do have the batting cages," Ward explained. "We're able to throw. We have some indoor mounds. We're able to get most of the stuff done but the hard part is simulating actual fielding."

"The floor inside is rubber so the ball skips off of it as opposed to it bouncing off of the dirt outside, which is going to make it a little more difficult for when we get on the field," Ward said. "Our first game at Johnson and Wales in Rhode Island March 23."

Norwich's least known sport, tennis, is hoping to have a strong season under the leadership of the lone senior and co-captain Brendan Kallander.

Norwich's only co-ed sport has a roster of eight men.

"Currently we have no females on the team but we have in the past and support them on the team," said Kallander, a 22-year-old economics major.

Coming off of a 4-4 showing last season, the tennis team members have high hopes.

"We have a few freshman who show high potential to succeed, in addition to the talent already onboard," Kallander said. "It gives us a good chance to make the playoffs."

With goalie Jeff Thomas not playing this season, the men's lacrosse team has some "shoes to be filled by three prospective freshmen," said Kyle Rogers, a 20-year-old political science major from Staten Island, N.Y.

With the lack of structure to the lacrosse program, many of the responsibilities such as off-season training and fundraisers are left to be organized by the players.

"I just finished setting up some fund raisers," Rogers said. "I organized captain's practices in the fall in addition to recruiting fresh-

men to join the team and participate in the four-day week strength and conditioning routine."

For the first time in at least three years, Cadet lacrosse is holding tryouts. "We're having tryouts this season because we have so many kids who want to play and to determine leadership responsibilities on the team," Rogers said.

With the spring sports teams about to open their season, they all have one goal in common: to win. But to some this season means more than others have.

"This is going to be the first time in at least five years that we will be able to hold all of our home games at Norwich, not in town," Ward said.

"As a junior, this spring season is going to be very important to the future of our fall season," Meaney said. "We need to work real hard for next season to come together so that we can make it to the 'Sweet 16.' This is my last opportunity."

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“If cost were not an issue, where would you go and what would you do for spring break?”



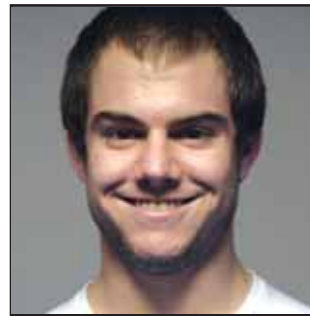
Pete Cohn '08
“Go to Cancun.”



Kris Hall '09
“Cancun to party.”



Nick Arduini '08
“Go on a cruise to the western caribbean.”



Matthew Magliozzi '08
“England, to watch Bolton Wanderers.”



Alli McCowan '08
“Go home.”



Erin Rea '06
“Anywhere other than Vermont.”



Jason Archambault '09
“Go party in Europe.”



Joe McKenna '09
“Go to the Playboy Mansion.”



Nick Fair '08
“Taking this beauty to Tahiti.”



Will Dorion '08
“Go to Rammstein Concert.”



Brent Goddard '08 & Ryan Kraus '08
“Brokeback Mountain.”